



## DISTRICT OF METCHOSIN

### AGENDA

#### HEALTHY COMMUNITY ADVISORY SELECT COMMITTEE MEETING

Tuesday, May 26, 2026, at 4:30 p.m.

Council Chambers  
Metchosin Municipal Hall

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1. **Agenda Approval**
2. **Presentations**
3. **Public Participation**
4. **Adoption of Minutes**
  - a) Healthy Community Advisory Select Committee, February 24, 2026 ..... 1
  - b) Healthy Community Advisory Select Committee, March 19, 2026 ..... 3
5. **Receipt of Draft Minutes**
6. **Business Arising from the Minutes**
7. **Reports -Verbal**
  - a) Chair
  - b) Council Liaison
  - c) Fire Chief
  - d) Seniors Information Resource Centre (SIRC) Liaison
8. **Other Business**
9. **Adjournment and Next Meeting Date**



District of Metchosin

Minutes

**Healthy Community Advisory Select Committee Meeting**

**Feb. 24, 2026, at 4:30 p.m.**

**District of Metchosin**

**Council Chambers**

**Present:** Shari Rourke, Sarah Anthony, Barrett Fullerton, Shannon Carman, Councillor Shulkin

**Regrets:** Stacey Weir

The meeting was called to order at 4:36 p.m.

**1. Agenda, Additions and Approval**

**Moved and Seconded** by Sarah Anthony. and Shari Rourke.  
THAT the Committee approve the agenda.

**Carried**

**2. Presentations**

- None.

**3. Public Participation**

- None.

**4. Adoption of Minutes**

**Moved and Seconded** by Shannon Carman. And Shari Rourke.  
THAT the Committee approve the minutes of the Healthy Community Advisory Select Committee meeting held on January 27, 2026.

**Carried**

**5. Business Arising from the Minutes**

- None.

- **Reports**

- a) **Chair Report:**

- Introduction of Councillor Shukin as HCASC's new council liaison.
- Chair will circulate list of potential projects and focuses for 2026.

- b) **Council Liaison Report:**

- Dan Verdunn is Metchosin's new Fire Chief, most recently from Campbell River. He starts Monday, March 2.
- Event to be held on March 15 for Chief Dunlop, 1-3pm, at the Fire Hall.
- Good Neighbour bylaw being introduced Monday, will replace two other previous bylaws.
- PTASC Update:

- New members;
- Trail Steward Program beginning, with Stewards appointed by CAO;
- Buffer lands on the border with Langford will be redesignated as park.

**c) Fire Chief Report**

- None.

**d) Seniors Information Resource Centre (SIRC) Liaison**

- Ongoing programs are well attended, including grief & loss, caregiver support, Wellness Wednesday teas, and the Bahá'í Friday drop-in at MCH.
- Two recent bus trips included the Artisan Garden Coffee Shop in Sooke (Feb. 12, 7 attendees) and the Fountain Diner in Langford (Feb. 26, 5 registered).
- A session on Navigating the Real Estate Market featured Tony Joe (downsizing, selling/leasing, market considerations), Mark Phillips (Home Equity Bank, reverse mortgages), and Jill Phipps (Home Again, downsizing and move management).
- Coordinator reports she is now aware of seniors needing additional support through the soup kitchen (finances, food, or connection).
- Coming up: Dementia presentation with Megan Haage (Alzheimer Society of BC) on March 20; AGM on March 17 at MCH; Soup Social on March 14 at MCH.

**e) Health and Safety Subcommittee**

- None.

**6. Other Business**

**a) 2025 Annual Report -HCASC Highlights and Achievements**

- Minutes to be reviewed and report compiled.

**7. Adjournment and Next Meeting Date**

The meeting was adjourned at 5:43 p.m.

The next meeting will be Thursday, March 19, 2026, at 4:30 p.m. pending availability of Chambers.

District Of Metchosin  
Minutes  
**Healthy Community Advisory Select Committee Meeting**  
**March 19, 2026, at 4:30 p.m.**  
Council Chambers  
Metchosin Municipal Hall

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**Present:** Shari Rourke, Sarah Anthony, Barrett Fullerton, Shannon Carman (Virtual), Councillor Jay Shukin

**Regrets:** Stacey Weir

The meeting was called to order at 4:40 p.m.

**1. Agenda, Additions and Approval**

**Moved and Seconded** by Sarah Anthony and Shari Rourke.  
THAT the Committee approve the agenda.

**Carried**

**2. Presentations**

- None.

**3. Public Participation**

- Jane H, resident, addressed the Committee in support of item 8.a) The Village Initiative – Request for Funding for MLAT Coordinator The initiative involves collaboration between Westshore municipalities and approximately 70 service organizations. The initiative proposes a shared Municipal Leaders Advisory Team (MLAT) Coordinator, with a requested contribution from Metchosin of \$4,800 annually for three years. The speaker emphasized the need for improved youth programming, particularly for older youth, noting limited local opportunities after elementary school and reliance on travel outside the community. The speaker highlighted opportunities for collaboration between organizations including Juan de Fuca services, RCMP, School District 62, Pearson College, and Island Health, and encouraged formation of a youth subcommittee, community roundtables, and exploration of alternative funding approaches.
- Tamara Ballard, resident, addressed the Committee in support of the previous speaker and the need for increased coordination and youth support.

#### **4. Adoption of Minutes**

SIRC report to be added for review and adoption at next meeting.

#### **5. Receipt of Draft Minutes**

- None.

#### **6. Business Arising**

##### **a) 2025 Annual Report**

- Discussion for next meeting.

#### **7. Reports**

##### **a) Chair:**

- Community event was held to recognize and thank Chief Dunlop as she transitions to her new position in Central Saanich, with a strong turnout from the community.
- Appreciation was expressed to Councillor Shukin, the Fire Department, and community members for their efforts in organizing the event.
- A new Fire Chief has been hired and is currently working with the CAO to determine any role changes related to committee representation for the Fire Department.

##### **b) Council Liaison:**

- Council is currently working through the municipal budget process.

##### **c) Fire Chief:**

- None.

##### **d) SIRC:**

- Provided a handout for February meeting update

##### **e) Health & Safety:**

- None.

## **8. Other Business**

### **a) The Village Initiative – Request for Funding for MLAT Coordinator**

- Request had already been considered by Council, and Council resolved not to make a financial commitment toward the funding request.
- Community interest in privately securing funding to support the initiative and may work directly with The Village Initiative to provide financial support for the first year.
- Gap in youth programming, particularly for older youth, and the limited availability of local opportunities within the community.
- Transportation challenges, many youth must travel outside Metchosin to access programs and services.
- Lack of dedicated gathering spaces for youth, with potential opportunities through future developments such as the Village Square.
- Support for increased collaboration and coordination between agencies, with recognition that a regional approach could improve outcomes and reduce duplication of efforts, improve equity and accessibility.
- Potential for a youth-focused committee and community-based events.

## **9. Adjournment**

The Meeting was adjourned.

Next meeting will be held on April 28, 2026.