

District of Metchosin

Minutes

Healthy Community Advisory Select Committee Meeting

Feb. 24, 2026, at 4:30 p.m.

District of Metchosin

Council Chambers

Present: Shari Rourke, Sarah Anthony, Barrett Fullerton, Shannon Carman, Councillor Shulkin

Regrets: Stacey Weir

The meeting was called to order at 4:36 p.m.

1. Agenda, Additions and Approval

Moved and Seconded by Sarah Anthony. and Shari Rourke.

THAT the Committee approve the agenda.

Carried

2. Presentations

- None.

3. Public Participation

- None.

4. Adoption of Minutes

Moved and Seconded by Shannon Carman. And Shari Rourke.

THAT the Committee approve the minutes of the Healthy Community Advisory Select Committee meeting held on January 27, 2026.

Carried

5. Business Arising from the Minutes

- None.

- **Reports**

- a) **Chair Report:**

- Introduction of Councillor Shukin as HCASC's new council liaison.
- Chair will circulate list of potential projects and focuses for 2026.

- b) **Council Liaison Report:**

- Dan Verdunn is Metchosin's new Fire Chief, most recently from Campbell River. He starts Monday, March 2.
- Event to be held on March 15 for Chief Dunlop, 1-3pm, at the Fire Hall.
- Good Neighbour bylaw being introduced Monday, will replace two other previous bylaws.
- PTASC Update:

- New members;
- Trail Steward Program beginning, with Stewards appointed by CAO;
- Buffer lands on the border with Langford will be redesignated as park.

c) Fire Chief Report

- None.

d) Seniors Information Resource Centre (SIRC) Liaison

- Ongoing programs are well attended, including grief & loss, caregiver support, Wellness Wednesday teas, and the Bahá'í Friday drop-in at MCH.
- Two recent bus trips included the Artisan Garden Coffee Shop in Sooke (Feb. 12, 7 attendees) and the Fountain Diner in Langford (Feb. 26, 5 registered).
- A session on Navigating the Real Estate Market featured Tony Joe (downsizing, selling/leasing, market considerations), Mark Phillips (Home Equity Bank, reverse mortgages), and Jill Phipps (Home Again, downsizing and move management).
- Coordinator reports she is now aware of seniors needing additional support through the soup kitchen (finances, food, or connection).
- Coming up: Dementia presentation with Megan Haage (Alzheimer Society of BC) on March 20; AGM on March 17 at MCH; Soup Social on March 14 at MCH.

e) Health and Safety Subcommittee

- None.

6. Other Business

a) 2025 Annual Report -HCASC Highlights and Achievements

- Minutes to be reviewed and report compiled.

7. Adjournment and Next Meeting Date

The meeting was adjourned at 5:43 p.m.

The next meeting will be Thursday, March 19, 2026, at 4:30 p.m. pending availability of Chambers.