

District of Metchosin

Minutes

**Healthy Community Advisory Select Committee Meeting
March 25, 2025 at 4:30 p.m.**

Present: Shari Rourke, Sarah Anthony, Councillor Sharie Epp, Jim Macpherson, Kathleen Sutherland, Barret Fullerton, Shannon Carman, Stacey Weir, Chief Dunlop

The meeting was called to order at 4:35 p.m.

1. Agenda, Additions and Approval

Moved and Seconded by Kathleen S. And Jim M. that the Committee approve the agenda.

Carried

2. Presentations

None.

3. Public Participation

Gary Lamb - Concerned about fraud in Metchosin, noticing increasing phone calls. Government reports show \$638 million lost to fraud last year in Canada. Wonders what can be done to educate people more? Discussion about how to amplify the issue, perhaps a regular article in the Muse? Monthly update on the latest scams, possibly, with a hatched line around the story for folks to cut it out.

4. Adoption of Minutes

Moved and Seconded by Councillor Epp and Kathleen S. that the Committee approve the minutes of the Healthy Community Advisory Select Committee meeting held on February 25, 2025.

Carried

5. Receipt of Minutes

Moved and Seconded by Councillor Epp and Kathleen. that the Committee approve the minutes of the Committee of the Whole, March 10, 2025

Carried

6. Business Arising from the Minutes

a) Community Calendar - District staff are currently being trained to put together and keep up a school calendar and community calendar, so the Committee was asked to not pursue this.

7. Reports

a) The Metchosin Village Square Society (MVSS) presented at the last meeting, Councillor Epp has been appointed the group's liaison, and they have been asked to update their project budget and return to Council for approval. The next meeting is in May, but the MVSS will

see what can be done in the meantime. A grant has been received to install the flashing lights at the Hans Helgesen crosswalk. This committee has been approved to look into the possibility of a committee-wide open house at the school. Dates could potentially be June 14/15 or May 31/June 1. The subcommittee will work with CFO on availability. Discussed holding a Metchosin's Got Talent show as part of the Open House, Sharie Epp will reach out to the organizers of a well-attended event held in View Royal to arrange for the subcommittee to meet with. Other suggestions included some games for kids along with a cake walk, how to incorporate the other user groups into the open house, as well as local volunteers groups to help promote community "happenings" at the open house. Chief Dunlop noted there may be grant money available for a cultural event held in the community. The HCASC committee does have a \$500 budget that can potentially be used to help with costs.

Moved and Seconded by Councillor Epp and Shari R. that Stacey. W and Shannon C. form a subcommittee to look into and organize an Open House event at the old Metchosin School.

Carried

- b) Chief Financial Officer Geoffrey Kreek is now the contact for event bookings at the old school. The calendar is now live on metchosin.ca - you can now book the school rooms and gym/kitchen. Chief Dunlop is the contact after hours and on weekends. There is an upcoming Fire Smart conference. Grant application being made for 45k and another 100k to upgrade communications equipment. Hoping to move forward with emergency communications/notification plan and report. Junior firefighters program running. April 15 high ground hike for tsunami preparedness. Approved for EOC and ESS grants. Fire Safety Expo for kids, coming up at the old School April 8 & 9.
- c) Manager's Report: Wellness Wednesday's Participants - 5 BaH clients, 12 volunteers
Rides 9 - 159.9km driven - Volunteer Hours 24 - Donations for rides - \$50
Home Visits 2 - 5 Pearson Students, Phone Calls - 46, Total BaH Clients - 41
SRC Services: Tech Support 3 - Donations \$60, New Memberships - 2, total Members - 328 -
Email subscribers - 312, Visitors to SRC - 25, Resource Information Requests - assisted
transportation, meal service, light housekeeping, grief groups, yard work help
Fraud Prevention Presentation Feb 12th - 7 attendees, Housing and the Care Continuum Feb
27th - 7 attendees, BC Transit postponed to March 29th or April 4 - (tbd)
New group to meet: Grief and Loss Support Group - once/month, Monday morning supported
by volunteer Marianne Ostropovitch Soup Social - March 1 at MCH - approximately 20 guests,
5 Pearson Students + May Zheng + 5 chefs. Soup Kitchen - This Thursday - same group of
chefs - two soups, Chicken and Red Curry Lentil/sweet potato and spinach
- d) Chief Dunlop will report to council. A lot of the recommendations made are above what can be done at the district level, aside from the District being able to advocate for funding, policy change etc. to the CRD, province, federal government. It highlighted that our community has a number of support services in place via the SRC, PODs, Community House, assistance provided by the fire department to residents. Discussion around ways that the community can assist extreme or urgent needs possibly via volunteer groups, such as the "men's shed." Kathleen S - maybe the men shed idea could be linked to folks who need help? Maybe ask how the Sooke men's shed do operates?

- e) Marine first aid was recently completed, Another standard first aid course upcoming the end of April. Will put out first aid course information to pods and email lists to reach a bigger audience so that more people in the community have an opportunity to attend.

8. Correspondence

None.

9. Other Business

None.

10. Adjournment and Next Meeting Date

Adjourned at 5:49 p.m. Next meeting will be Tuesday, April 22 at 4:30 p.m.