

District of Metchosin

Minutes

**Healthy Community Advisory Select Committee Meeting
September 24, 2024 at 4:30 p.m.**

Present: Shari Rourke, Sarah Anthony, Councillor Sharie Epp, Jim Macpherson, Kathleen Sutherland, Stephanie Dunlop, Barrett Fullerton, Shannon Carman

Regrets: Peter Havers, Chris Pratt, Ted White

The meeting was called to order at 5:03 p.m.

1. Agenda, Additions and Approval

Shari R. Add Terms of Reference under Other Business.

Moved and Seconded by Kathleen S. and Sarah A. that the Committee approve the agenda as amended.

Carried

2. Presentations

None.

3. Public Participation

Gary Lamb had a question about the definition of financial poverty in Metchosin. Shari R. - defined by Statistics Canada as netting under \$30,000 per year for a family.

4. Adoption of Minutes

Moved and Seconded by Jim M. and Shannon C. that the Committee approve the minutes of the Healthy Community Advisory Select Committee meeting held on June 25, 2024.

Carried

5. Receipt of Minutes

None.

6. Business Arising from the Minutes

a) Accessibility Committee

Shari R - Metchosin is putting together its Accessibility Plan, should be approved by the end of the year. By October, the District will be advertising for a community member to sit on the regional committee.

b) Dark Sky

Nothing to report.

c) **HCASC Priorities**

Shari R. is meeting with the CAO and the Mayor on Oct. 1st to hear about the changes to our Terms of Reference for the Committee. She will report back to us at the next meeting.

d) **Business Directory**

Shannon spoke with Larry Moss, who manages MetchosinWeb.ca, a comprehensive online directory. He is open to working with the District on making it more widely available.

7. **Reports**

a) **Council Liaison**

The crosswalks at the Matheson Galloping Goose crossing as well as the old Metchosin School crossing are up. New Terms of Reference are being worked on for the Committees. Councillor Epp spoke with Superintendent Preston from the RCMP about the high usage of drugs in Metchosin. With legalization, there is not a lot they can do. There is a grant coming up for visibility spending on roads if there are suggestions for where more visibility is needed. Some discussion around the need for more signage alerting cyclists to dismount before they cross a crosswalk.

b) **Fire Chief**

The Fire Hall Steering Committee picked an organization to start the Feasibility Study. 20 new firefighter candidates came to try for six spots - three of the candidates are from Metchosin. Still working to run first aid programs, looking to coordinate with JDF. Lots of CPR calls recently, around 54% of calls are medical calls. Overnight parking has been an issue raised, though will have to come to Council - it is expensive to bring CRD bylaw enforcement (minimum 4 hours callout, minimum 2 people per call).

c) **Seniors Information Resource Centre Liaison**

SRC - For Aug, 36 active Better at Home clients, 4 drives given, 3 home visits, 19 phone visits, 2 tech visits, 36 visitors to the office. Calls for support included housing support asks, foot care. 2 wellness teas held per month, a monthly caregiver support group, recently a presentation on estate planning. 2 BaH participants went to Pacific Centre lunches. Possible presentations on falls and alerts coming in Oct, as well as Aging in Place, and fall prevention workshop. New volunteer Jan Bains, two others pending, on Metchosin Day gave out 30 resource packages, sold 28 tickets for the gourmet dinner raffle. Nov 2 flu clinic scheduled, first two soups ran out, made more a month ago, it ran out as well. Trying to plan another soup making session soon, as seems to be popular.

d) **Poverty Reduction Subcommittee**

They have completed the project and are making some plans about how to present the final report. Sensitivity around language being used in the report, and how to deal with many folks' resistance to change being such a huge barrier to helping; also how to keep growing the volunteer base that helps so much. Shari R. suggesting that perhaps the Capacity Inventory would be a way to fill some of those gaps in help. Chief Dunlop pointed out that it is beyond the scope of this committee, such things would have to be delegated. Maybe incorporated with the Metchosin Web idea? People could post their resources? Sarah A. noted that the SRC lists all the resources for seniors, but we do not have that resource for other demographics.

e) **Health and Safety Subcommittee**

Nothing to report.

8. Correspondence

None.

9. Other Business

a) Terms of Reference

Will be coming, we should have time to review it before Committee Members renew their appointments. Jim M. suggested that the Committee has a name change after the new Terms of Reference are known.

10. Adjournment and Next Meeting Date

Adjourned at 6:30 p.m. Next meeting will be Tuesday, October 22 at 4:30 p.m.